



# HAMPSHIRE COUNTY Parks & Recreation

## JUNE 2018 NEWSLETTER

### South Branch Valley Bluegrass Festival and Fireworks



HAMPSHIRE CO. PARKS & RECREATION  
10th ANNUAL  
South Branch Valley  
**BLUEGRASS** JUNE 30th 2018  
Festival  
& FIREWORKS SHOW!

Larry Cordle & Lonesome Standard Time  
Lonesome River Band  
Bud's Collective  
Sideline

For Camping Info Contact:  
www.wapocomacampground.com 304-822-5528  
www.mtdefordcampground.com 304-822-8020  
www.millexsoncampground.com 304-822-5284

For Lodging Accommodations Contact:  
Koolwink Motel: 304-822-3595  
South Branch Inn: Romney 304-822-2444  
South Branch Inn: Moorefield 304-538-2033

...And 2 More Local Bands!  
Sound by: Crabtree Sound  
**FREE ADMISSION!**  
\$10 PARKING FEE ONLY MUSIC STARTS 11AM

BRING CHARLANNETS • NO DOGS, ATVs, OR GOLF CARTS  
NO COOLERS, ALCOHOL, TENTS, OR HIGH BACK CHAIRS IN CONCERT AREA

FOR MORE INFO CALL: 304-822-7300 bluegrass.hampshirewv.com or hampshirecountyparks.com

The tenth annual South Branch Valley Bluegrass Festival and Fireworks will be held on Saturday, June 30, 2018, at the Wapocoma Campground on South Branch River Road, south of Romney, with the first acts set to appear at 11:00 a.m.

Headlining this year's Festival will be Larry Cordle and his band, Lonesome Standard Time. Joining Larry on the stage will be Lonesome River Band, Sideline, Bud's Collective, and two more local bands. There will also be great food, crafts, a Kids' Corner for the youngsters, and one of the finest fireworks shows in the area at the conclusion of the Festival.

Admission to the Festival is free, but there is a \$10 parking fee. No pets, ATV's, golf carts, or alcohol will be allowed in the concert area. Also, tents and high-backed chairs are prohibited in the concert area. Mark your calendars right now so you don't miss this great event. I know you'll be glad that you did!

### Summer Sports Camps



Hampshire County Parks and Recreation will offer three Summer Sports Camps beginning in June. The camps are open to all boys and girls in grades three-through-eight as of the fall, 2018. All camps will be run by the coaching staff at Hampshire High School. The registration fee for each camp is \$20.





The schedule for the camps is as follows: Volleyball- June 19-20 from 8:00 a.m. until 10:00 a.m. at the Hampshire High School Gym; Girls' Basketball- June 25-26 from 12:00 noon until 2:00 p.m. at

the Hampshire High School Gym; Boys' Basketball- June 27-28 from 12:00 noon until 2:00 p.m. at the Hampshire High School Gym.



**There are three ways to register for a camp. First, log onto the HCP&R website, [hampshirecountyparks.com](http://hampshirecountyparks.com), scroll to the bottom of the home page, and fill out and**

**send the Program Registration Form. The registration fee may then be mailed to HCP&R at P.O. Box 213, Romney, WV 26757, or you may pay the registration fee at the camp site the first day of the camp. Second, you may register in person at the HCP&R Office at 90 North High Street in Romney any weekday between 9:00 a.m. and 1:00 p.m. Also, registrations will be accepted the first day of each camp at the camp site.**

Our Summer Sports Camps offer opportunities to learn the fundamental skills that will help you improve in every facet of your favorite sports. Don't miss out on these chances to learn to play the Trojan Way.

## Disc Golf Course at Camp Walker



Summer is finally here, and our thoughts are turning to outdoor activities. When planning those activities, don't forget about the Camp

Walker Disc Golf Course. We have made several improvements to the course over the past year. We installed tee-marker posts for all the holes to make each teeing area more visible. We are also providing scorecards and course

maps, both of which can be found in the mailbox beside the first tee.

The first tee is located on the flat ground out past the pavilion, where the road turns to the left and starts down over the hill toward the exit to the park. We have also installed new tee markers with the Camp Walker logo on them for each hole.

If you're looking for a disc to play at Camp Walker, then we have several options for you. We have Skeeters, which are all-purpose discs that are suitable for every shot, for sale in the HCP&R office for just \$7.00 each. We also have commemorative glow-in-the-dark drivers and putters that have the official Camp Walker logo on them for \$15.00 each. All proceeds from the sale of these discs go for improvements to the course.

If you haven't been out to Camp Walker to play the course, you really need to take an hour or so and try it. I feel certain that you will find disc golf both physically and mentally challenging. Plus, it's a great opportunity to spend some time in one of the prettiest spots in Hampshire County. **And it's free to play.** Now that's a deal I know you don't want to miss!

## Gary Crane Cup Golf Competition



The third of our six qualifiers for the 2018 Gary Crane Cup was held on Tuesday, June 5, at the Highlands Golf Course at Fisher Mountain in Franklin, with 19 players

participating. The course was pretty wet, and the weather conditions made for a difficult afternoon, but a good time was had by everyone in attendance.

It's hard to believe that we are looking at July already, but our fourth qualifier will be held on July 10 at a new venue for this year. The Pines Country Club in Morgantown is located at 3062 Point Marion Road. The cost for eighteen holes of golf with a cart will be just \$40. If you've never played the Pines, you're in for a real treat. It truly is one of the great courses in West Virginia.

If you're interested in joining the group, the format for the competition will be the same as last year. Those wishing to compete for the Cup must play in at least three of the six qualifiers and turn in their scorecards to the pro shop after the round. From those scores, a handicap will be tabulated and applied at the Final Round, which will be held at Capon Springs Resort in October. Both a gross and a net champion will be crowned at the Final Round.

The remaining schedule for our qualifiers will be as follows: July 10- The Pines in Morgantown; August 14- Locust Hill in Charles Town; September 11- Canaan. Even if you're not interested in competing for the Crane Cup, come on out and join us for a relaxing round of golf at a great price on some of the area's best golf courses. Now that's a deal I know you don't want to miss!

## Hampshire County Field Day



Our fourth annual Hampshire County Field Day was held on May 30 at the Hampshire High School track. Over 100 fourth and fifth graders competed in the event under cool, breezy conditions. The competition was intense, but good sportsmanship ruled the day.



As is the case with all our events and programs, Field Day would not have been possible without all the volunteers who helped out. Special thanks go out to the principals and physical education teachers at the six elementary schools in the county. We also would like to thank the Hampshire County Board of Education and the transportation department for their efforts in this endeavor. Trey Stewart and Megan Fuller made their facilities available and provided helpers to tabulate the scores and time the races.

But most of all, we would like to thank the kids who participated. So many times in today's society, we avoid competition. We seem to shun recognizing those who strive for excellence and then achieve it. But not one single participant in Field Day backed down at any point. In fact, they seemed to revel in the spirit of the competition. They gave their best efforts for their schools and their team. They showed great sportsmanship, whether they won or lost.

Our country was built on effort and competition, and if Field Day was any indication, the next generation is ready and willing to step up and compete in any arena they choose. Hats off to the kids and their parents who shaped them.

# Parks and Recreation

## Walk To Be Fit Program



The Walk To Be Fit Program officially began on April 1, 2018, and walkers are already busy piling up the miles. If you haven't registered yet, don't worry. You still have plenty of time to get with the program, because it runs until October 31.

Just stop by any FNB Bank location (Fort Ashby, Romney, Hampshire Square, or Capon Bridge), the Hampshire Wellness and Fitness Center at Hampshire Square, or the HCP&R Office at 90 North High Street in Romney to register for the program. When you register, don't forget to pick up your free pedometer and your tally sheet to log the miles that you walk.

We will recognize four milestones this year: 100, 250, 500, and 1,000 miles. Prizes for reaching those milestones will include tee shirts, backpacks, duffel bags, water bottles, sports towels, a 30-ounce insulated tumbler, and a great cooler bag. When you reach one of those milestones, or when your tally sheet is filled, just return it to the location where you picked it up, and we will contact you when you have earned a prize.

Walking is great exercise on the path to a healthier lifestyle, and what could be better than receiving some nice prizes for your efforts? That's what Walk To Be Fit is all about.

**RECREATION**  
**Hobbies** Adventure Games **Sports**  
Nature Walks  
*Daydreaming ...*

## Discount Tickets to King's Dominion



Hampshire County Parks and Recreation has once again entered into an agreement with King's Dominion to offer discount tickets to the park for the coming summer. These are any-time tickets that are good for admittance to the park any day that it is open. The park opened on March 25 for the 2018 season and will remain open through October 29.

The price for each ticket is \$38, which is a considerable savings from the normal \$68 admission price. The tickets can be purchased at the HCP&R Office at 90 North High Street in Romney any weekday between 9:00 a.m. and 1:00 p.m. If you can't make it to the office, give us a call at (304) 822-7300 or email us at [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com), and we'll make arrangements to get your tickets to you.

If you're planning a family or group outing to King's Dominion this summer, this is a deal that you can't afford to pass up.



HCP&R is now offering Kettlebell classes four days a week, on Sunday afternoon from 3:00 until 4:00, and on Tuesday,

Wednesday, and Thursday nights from 6:00 until 7:00. All classes are now being held in the cafeteria at the Hampshire County Special Services Center, which is located in the Industrial Park north of Romney on Route 28. To find the Special Services Center, turn onto Industrial Park Road and after driving approximately 100 yards, take the first left. The Special Services Center is the first building on

the right. Access to the cafeteria and parking are in the back of the building.

Kettlebells are cast iron weights shaped like a ball with a handle for easy gripping. Kettlebells offer a different kind of training using dynamic moves targeting almost every aspect of fitness – endurance, strength, balance, agility and cardio endurance. People love it because it's challenging, efficient, and you only need one piece of equipment. Kettlebell classes are taught by certified instructors Kaleena Wilfong and Camilla Fout.

The cost for Kettlebell classes is \$5 per session, or for \$20 you may purchase a punch card that is good for five sessions. Also, we are now selling a monthly card for \$50.

Even if you've never tried Kettlebell before, come on out and see what it's all about. Mark your calendars today so you don't miss a chance to get some exercise while having a great time with your friends.



### **Adult Open Gym Basketball**



For those of you who want to show off your basketball skills, check out our Sunday night Open Gym Basketball on both ends of the county.

Shane Hawkins is in charge of the program at the old Capon Bridge Middle School gym,

and they play there from 5:00 until 8:00 every

Sunday evening. Logan Hill and Joe Clower run the program at Romney Middle School, and they go from 6:00 until 8:00 each Sunday night.

If you're eighteen and over and out of school, drop by one of those locations this Sunday night and run with the big dogs!

### **Pavilion and Park Reservations**



Pavilion and park reservations are in full swing for the 2018 season. The rental season extends from April 15 through October 15, 2018. Before and after those dates, running water will

not be available in any of our parks.

Pavilions for picnics, family reunions, or any other outdoor gathering may be rented at either Hampshire Park or Central Hampshire Park. Prices for the entire day run from \$35 to \$45, depending on the size of the pavilion rented. You may also rent the amphitheater at Central Hampshire for only \$55 per day.

If you have a larger gathering, you may want to rent an entire park, either at Green Spring Park (\$40 to \$95, depending on the facilities desired) or Camp Walker (\$75 for the whole park the entire day). All our parks now have electric outlets, running water, and restroom facilities.

To rent a pavilion or park, or just to get more information, call the HCP&R office any weekday between 9:00 a.m. and 1:00 p.m. at (304) 822-7300, or you may stop by the office at 90 North High Street in Romney during those hours. We will also accept reservations via our email at [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com).

Get your reservations in early so you don't miss out on that special place for your picnic or outing.



“Recreation brings quality to life.”

**Hampshire County  
Parks and Recreation**

**90 North High Street**

**Old Jailhouse Building**

**Romney, WV 26757**

**PHONE: (304) 822-7300 FAX: (304) 822-4460**

**EMAIL: [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com)**

**WEBSITE: [hampshirecountyparks.com](http://hampshirecountyparks.com)**

**OFFICE HOURS: Monday-Friday--9:00 a.m. to  
1:00 p.m.**

