



## ***MARCH 2017 NEWSLETTER***

### **Gary Crane Cup**



The race for the 2017 Gary Crane Cup will begin on Tuesday, April 4, when we travel to Cacapon State Park for the first of our six qualifiers. The cost for 18 holes of golf with a cart will be just \$25, and the first tee times

begin at 1:00 p.m. and follow at ten-minute intervals.

The format for the competition will be the same as last year. Those wishing to compete for the Cup must play in at least three of the six qualifiers and turn in their scorecards to the pro shop after the round. From those scores, a handicap will be tabulated and applied at the Final Round, which will be held at Capon Springs Resort in October. Both a gross and net champion will be crowned at the Final Round. Charlie See (gross) and Don Peters (net) are the defending champions.

Even if you're not interested in competing for the Crane Cup, come on out and join us for a relaxing round of golf at a great price on one of

of the area's premiere resort courses. Now that's a deal I know you don't want to miss!

### **Women's Adult 4-on-4 Volleyball League**



Registrations are now being accepted for a Women's Adult 4-on-4 Volleyball League. The final times and schedule will be set after registrations are completed. Registration

fee is \$25 for each player, and rosters are unlimited. All players must be registered through HCP&R and paid in full before participating.

Matches will consist of two games to 25 points with rally scoring and a third game to 15 if necessary. No official uniforms are required. Games will be self-officiated, and if a disagreement occurs over a call, there will be a re-serve with no points awarded. League play will conclude with a championship tournament.

To register for the league, log onto the HCP&R website, [hampshirecountyparks.com](http://hampshirecountyparks.com), scroll to the bottom of the home page, and fill out and send the Program Registration Form. Payment may then be mailed to HCP&R, P.O. Box 213, Romney, WV 26757. Registrations will also be accepted in person at the HCP&R Office at 90

North High Street in Romney any weekday between 9:00 and 1:00. For more information, call HCP&R at (304) 822-7300 or email us at [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com).

The league will hold an organizational meeting and practice this Sunday, March 5, at the HHS gymnasium from 4:30 until 6:00 p.m. Registrations for the league will be accepted at this meeting, and those pre-registered may pay their registration fee at that time, if they have not paid already. Anyone interested in participating in the league should attend this meeting so rosters and schedules can be completed.

### Lord of the Ring Wrestling Tournament



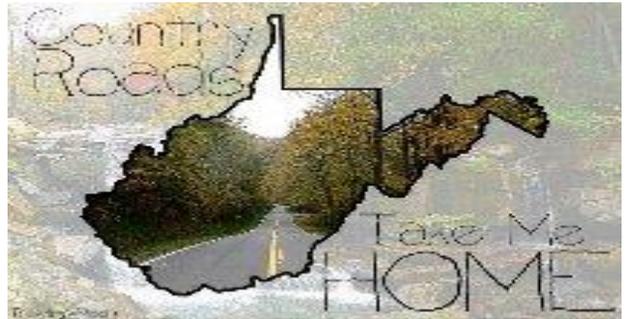
HCP&R and the Hampshire Mat Club held its sixth annual Lord of the Ring Youth Wrestling Tournament on February 12, 2017. Over 230 wrestlers in more than 50

weight and age classifications participated.

As is the case with all our programs, it was the volunteers who made this event so successful. Head Coach John Lambert, assistants Wes Ambrose and Shannon Dunham, all the sponsors, and the army of volunteers who ran the tables, sold tee shirts and provided services in the hospitality room deserve the credit. They went above and beyond the call of duty to make sure that every aspect of the tournament was first-class.

If you didn't get the chance to attend the tourney, you really missed out. The competition was fierce but sportsmanlike, and the packed gym cheered for each bout. Mark your calendars for

Saturday, February 11, 2018, right now so you don't miss next year's tournament.



### Christmas Festival of Lights Fund Drive



The Christmas Festival of Lights Fund Drive is set to conclude this week, and the donations from last week bring our total to \$10,505. In all, 33 different individuals and businesses have contributed to the Fund

Drive this year, including Sandy Ferguson and Shanholtzer's Collision, both of whom gave \$1,000 to join this year's Santa Club. A complete list of the 2017 donors can be found on our website, [hampshirecountyparks.com](http://hampshirecountyparks.com).

If you would like to contribute to the Fund Drive, you may mail your donation to HCP&R at P.O. Box 213, Romney, WV 26757, or you may drop off your contribution at the HCP&R Office at 90 North High Street in Romney any weekday between 9:00 a.m. and 1:00 p.m.

If you'd like us to pick up your contribution, call us at (304) 822-7300 or email us at [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com), and we'll make the necessary arrangements to get your donation at your home or place of business. Thank you for your support of this project!



tents and high-backed chairs are prohibited in the concert area.

Mark your calendars right now so you don't miss this great event. I know you'll be glad that you did!



## South Branch Valley Bluegrass



## Festival and Fireworks

The ninth annual South Branch Valley Bluegrass Festival and Fireworks will be held on Saturday, June 24, 2017 at the Wapocoma Campground on South Branch River Road,

south of Romney, with the first acts set to appear at 11:00 a.m.

Headlining this year's Festival will be Doyle Lawson and his band Quicksilver. Joining Doyle on the stage will be Flatt Lonesome, Bud's Collective, Commonwealth Bluegrass Band, and Maysville Express. Host band Lonesome Highway will perform as well.

There will also be great food, crafts, a Kids' Corner for the youngsters, and one of the finest fireworks shows in the area at the conclusion of the Festival.

Admission to the Festival is free, but there is a \$10 parking fee. No pets, ATV's, golf carts, or alcohol will be allowed in the concert area. Also,

## Walk To Be Fit Program



With the promise of warmer weather on the horizon, it's time to start thinking about our Walk To Be Fit Program, which is scheduled to begin on April 1, 2017.

Just stop by any FNB Bank location (Fort Ashby, Romney, Hampshire Square, or

Capon Bridge) or the Hampshire Wellness and Fitness Center at Hampshire Square to register for the program. When you register, don't forget to pick up your free pedometer and your tally sheet to log the miles that you walk.

We will recognize four milestones this year: 100, 250, 500, and 1,000 miles. When you reach one of those milestones, or when your tally sheet is filled, just return it to the location where you picked it up, and we will contact you when you are eligible for a prize. Prizes for 2017 will include cups with lids and straws, tee shirts, hot/cold mugs, and bag chairs.

Walking is great exercise on the path to a healthier lifestyle, and what could be better than

receiving some nice prizes for your efforts? That's what Walk To Be Fit is all about!

## Flag Football League



Hampshire County Parks and Recreation will sponsor a Flag Football League this summer. Games are tentatively set to begin on June 10 and will follow on succeeding Saturdays through the end of July.

The league is open to all boys and girls ages 4 through 13, and teams will be chosen geographically within the county. Players and teams will be grouped according to the following age categories: 4 through 7; 8 through 10; and 11 through 13. All games will be played at Central Hampshire Park in Augusta, and USA Football Today rules will govern league play.

Registration fee for the league will be \$40 per player. That fee will cover the cost of a tee shirt, which participants will keep at the end of the season, and other equipment such as flags and footballs. There are three ways to register for the league. First, you may register online at the Hampshire County Parks and Recreation website, [hampshirecountyparks.com](http://hampshirecountyparks.com). Just scroll to the bottom of the home page and fill out and then send the Program Registration Form. Second, registrations will be accepted at the HCP&R Office at 90 North High Street in Romney any weekday from 9:00 a.m. until 1:00 p.m.

Also, there will be an in-person registration on Saturday, March 18, at Covenant Baptist Church at the Mountain Top from noon until 3:00 p.m. Participants will need to bring a copy of their most recent report card to verify age and school attended, and home-schoolers will need to provide a copy of their birth certificate.

Anyone interested in coaching a team may contact league coordinator Bo Blomquist at [bo.blomquist86@gmail.com](mailto:bo.blomquist86@gmail.com) or HCP&R at [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com) and by phone at (304) 822-7300.

## Kettlebell Classes



HCP&R is now offering Kettlebell classes from 6:00 to 7:00 p.m. on Sunday, Tuesday, and Thursday nights at the Glo Tanning Salon,

which is located directly across Route 50 from the Century 21 office.

Kettlebells are cast iron weights shaped like a ball with a handle for easy gripping. Kettlebells offer a different kind of training using dynamic moves targeting almost every aspect of fitness – endurance, strength, balance, agility and cardio endurance. People love it because it's challenging, efficient, and you only need one piece of equipment. Kettlebell classes are taught by certified instructors Kaleena Wilfong and Camilla Fout.

The cost for Kettlebell classes is \$5 per session, or for \$20 you may purchase a punch card that is good for five sessions. Also, we are now selling a monthly card for \$50.

Even if you've never tried Kettlebell before, come on out and see what it's all about. Mark your calendars today so you don't miss a chance to get some exercise while having a great time with your friends.

## RECREATION

Hobbies

Adventure  
Games

Nature Walks

Daydreaming ...

Sports

## Pavilion and Park Reservations



On Tuesday, January 3, HCP&R began taking pavilion and park reservations for the 2017 season. The rental season extends from April 15 through October 15, 2017. Before and after those dates, running water

will not be available in any of our parks.

Pavilions for picnics, family reunions, or any other outdoor gathering may be rented at either Hampshire Park or Central Hampshire Park. Prices for the entire day run from \$35 to \$45, depending on the size of the pavilion rented. You may also rent the amphitheater at Central Hampshire for only \$55 per day.

If you have a larger gathering, you may want to rent an entire park, either at Green Spring Park (\$40 to \$95, depending on the facilities desired) or Camp Walker (\$65 for the whole park the entire day). All our parks now have electric outlets, running water, and restroom facilities.

To rent a pavilion or park, or just to get more information, call the HCP&R office any weekday between 9:00 a.m. and 1:00 p.m. at (304) 822-7300, or you may stop by the office at 90 North High Street in Romney during those hours. We will also accept reservations via our email at [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com).

Get your reservations in early so you don't miss out on that special place for your picnic or outing.



## Adult Open Gym Basketball



For those of you who want to show off your basketball skills, check out our Sunday night Open Gym Basketball on both ends of the county.

Shane Hawkins is in charge of the program at the old Capon Bridge Middle School gym,

and they play there from 5:00 until 8:00 every Sunday evening. Roger Eversole and Joe Clower run the program at Romney Middle School, and they go from 6:00 until 8:00 each Sunday night.

If you're eighteen and over and out of school, drop by one of those locations this Sunday night and run with the big dogs!

## **Parks<sup>and</sup> Recreation**

**"Recreation brings quality to life."**

### **Hampshire County Parks and Recreation**

**90 North High Street**

**Old Jailhouse Building**

**Romney, WV 26757**

**PHONE: (304) 822-7300 FAX: (304) 822-4460**

**EMAIL: [hampshirecoparks@hotmail.com](mailto:hampshirecoparks@hotmail.com)**

**WEBSITE: [hampshirecountyparks.com](http://hampshirecountyparks.com)**

**OFFICE HOURS: Monday-Friday--9:00 a.m. to  
1:00 p.m.**



